

PROPA CITY COMMUNITY OUTREACH

October 2024

CALENDAR OF EVENTS FOR  
PREGNANCY & INFANT LOSS  
AWARENESS MONTH

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
29	30	1	2 <b>Make a donation in honor of your baby</b>	3	4 <b>Attend an event with them</b>	5 <u>Walk to Remember: Leominster</u> Natal Walks: Birthlooms
6 <u>Natal Walks: Birthlooms</u> <u>Family Building Walk</u>	7	8 <b>Make a donation in honor of their baby</b>	9 <b>Read a book about loss with a related child</b>	10 <b>Connect them to a support group</b>	11	12
13	14 <b>Get involved with PCCO</b> <a href="http://www.propacityco.org">www.propacityco.org</a>	15 <b>Wave of Light</b> <b>Light a candle for your angel</b>	16	17 <b>Get a piece of jewelry with their symbol on it</b>	18 <b>Reach out to let them know you are thinking of them</b>	19 <u>Walk to Remember: South Shore Hospital Houghton's Pond</u>
20	21 <b>Send a PCCO Healing Toolbox</b>	22	23 <b>Share your story in any way that you choose</b>	24	25 <b>Take a PCCO Training to become more informed</b>	26 <u>Walk to Remember: MA Grief Center</u>
27 <u>Remembering Our Babies</u>	28 <b>Say their baby's name</b>	29 <b>A mini family photoshoot with their symbol included</b>	30 <b>Write them a letter</b>	31 <b>Do something kind for a professional that supported you</b>	1	2
3	4	5	6	7	8	9

- IDEAS ON HOW TO HONOR AND REMEMBER YOUR BABY THIS MONTH
- IDEAS ON HOW TO SUPPORT A LOVED ONE THIS MONTH